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Periodontics & Implants

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Post-Operative Instructions

ON THE DAY OF THE SURGERY:

DO NOT: Brush or floss surgical area
 Drink hot liquids
 Rinse your mouth
 Smoke
 Exercise excessively
 Chew solid foods or drink through a straw
 Drink alcohol

DO: Take medications as prescribed
 Drink lots of liquids

Swelling: Swelling on the first day may occur and can be kept to a minimum with ice packs on the outside of the face over the surgical area. Ice packs should be used 10 minutes on – 10 minutes off, for two to three hours. **Don't apply ice after soft tissue grafts or bone grafting procedures.**

Bleeding: A slight amount of blood arising from the surgical site(s) is to be expected on the first day. If bleeding is excessive, please call me to report the ongoing situation.

AFTER THE DAY OF THE SURGERY:

- Do not use ice packs
- Use prescribed mouthrinse as directed
- Brush the teeth NOT involved in the area of surgery
- Eat a soft diet for the first few days
- If antibiotics are prescribed and initiated, be sure to finish the prescription if no complications occur (allergy, gastro-intestinal irritation, etc.)
- Take pain medication as needed

TELEPHONE YOUR DOCTOR AND REPORT THE FOLLOWING:

- Swelling which begins three or four days after the surgery
- Excessive bleeding
- Discomfort not controlled by your prescription
- Anything about healing that concerns you

***** DO NOT BRUSH OR FLOSS SURGICAL SITE FOR 2 WEEKS AFTER THE PROCEDURE**